



Week 1: Week commencing - 2nd, 23rd September, 14th October, 11th November, 2nd December

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Meat option	Cottage Pie	Chicken Korma	Roast gammon	Sausage	Gluten Free fish goujons
Veggie option	Courgette Sausage	Veggie packed pasta	Quorn fillets	Veggie fingers	2 cheese pizza
On the side	Seasonal veggies	Rice and veggies	Roast potatoes and veggies	Mash potato and veggies	Chips and baked beans
Pudding	Jelly	Orange and chocolate muffin	Cheesecake	Syrup sponge and custard	Frozen yogurt

Week 2: Week commencing - 9th, 30th September, 14th October, 18th November, 9th December

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Meat option	Chicken pie	Minced beef	Roast chicken	Meatballs in tomato sauce	Battered fish
Veggie option	Veggie pie	Veggie patties	Quorn sausage	Cheese flan	2 cheese pizza
On the side	Crispy potatoes and veggies	Mash potato and veggies	Roast potatoes and veggies	Mash potato and veggies	Chips and baked beans
Pudding	Ice cream	Chocolate cookie	Flapjack	Orange and chocolate cake	Smoothie

Week 3: Week commencing - 16th September, 7th October, 4th, 25th November, 16th December

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Meat option	Homemade sausage roll	Lasagne with garlic bread	Roast Beef and Yorkshire pudding	Chicken in garlic sauce	Fish fingers
Veggie option	Veggie roll	Four cheese pasta parcels	Quorn roast	Chickpea and lentil curry	2 cheese pizza
On the side	Crispy potatoes and veggies	Veggies	Roast potatoes and veggies	Rice and veggies	Chips and baked beans
Pudding	Mousse	Shortbread	Iced mousse	Raspberry muffins	Choc ice

A jacket potato with cheese is available daily as a third option. All meals will be served with homemade bread.

A choice of fresh fruit or yoghurt will be available as an alternative to advertised pudding.